Annexure 3

**NATIONAL INSTITUTE OF TECHNICAL TEACHERS' TRAINING & RESEARCH, BHOPAL**

“Department of Education Research & Management”

1. **Course Name:** Women Empowerment: Issues, Challenges and Policy guidelines.
2. **Duration: Two weeks:** 30.11.2020 to11.12.2020

**Rationale:** Today there are many young women who do not want to just stay at home and do the household tasks, but indeed want to pursue good career prospects. While women are increasingly represented in the work force, they still face challenges related to balancing their work life and home. Besides, most of the women face problems due to lack of confidence and poor communication skills. Usually in Indian culture it has been seen that working women undergoes exploitation in many ways due to unawareness of Laws related to Women Rights i.e. laws constituted for her safety and prestige. To excel in career women need to build their own internal and external capabilities, build relationships and watch for clues that will help her to grow in a savvy manner. The net effect is that there are fewer opportunities exist for women for career advancement and they have to make the most of the little opportunities available. Therefore with regard to the above mentioned issues this programme is targeted to create awareness about the issues and challenges related to women empowerment. It will also help them to use the laws and policies for their own and other’s benefit.

Women, as role models, can play a major role as environment leaders and motivate others to accept challenges for sustain the environment. Awareness about laws with respect to women will also place them an edge better in the professional arena and enhancement of their positive attitude towards the work culture. They would benefit and in turn enrich the society as a whole. The exposure will be holistic and will apply various modes to provide in-depth practical aspects of women empowerment: The issues, challenges and policy guidelines.

1. **Objectives of the Program:**

At the end of training programme the participants will be able to:

* Promote access to laws, policy guidelines and other resources available
* Support development of additional resources to empower women.
* Motivate others to follow eco friendly practices for environment sustainability.
* Guide fellow women employees to progress in their career
* Exhibit positivity in thoughts and behavior.

1. **Major Outcomes Expected Major Outcomes Expected**

* Conceptual clarity laws and policy guidelines related to Empowerment
* Awareness about women empowerment issues and laws
* Empowerment through communication
* Development of positive attitude.
* Support women employees in their career growth.

1. **Instructional Strategy**
   * Case Studies
   * Simulation
   * Group discussion
   * Educational tours and Visits
   * Role Play
   * Exposure through excursion
2. **Assessment Scheme Pre –Test /Post- Test**